

Padma Family Worksheet

Wisdom Rising Online Course

1. Explore the **Padma Family** in your life.
 - a. How do you see the **encumbered** pattern of Padma showing up in your life?
 - i. In your family?
 - ii. Friends, neighbors, and/or coworkers?
 - iii. In our society and world? Famous people? Companies, organizations, corporations, and governments? Art, architecture, landscapes, geography?

b. How do you see the **wisdom** of the Padma Family showing up in your life?

i. In your family?

ii. Friends, neighbors, and/or coworkers?

iii. In our society and world? Famous people? Companies, organizations, corporations, and governments? Art, architecture, landscapes, geography?